



# TECHNOLOGY EDUCATION

## Slips, Trips, and Falls

These safety tips will help you avoid slips, trips and falls at work. To find the answer, unscramble the letters in the bold type. Check with your teacher if you have trouble understanding an answer. Good luck, and watch your step!

1. The single most common causes of injuries at work come from **SLIPS**, **TRIPS** and **FALLS**.
2. Make sure you now are trained in the correct use of any **SAFETY** and **CLEANING** equipment provided.
3. Make sure that mats are **SECURELY FIXED** and do not have curling edges.
4. Cleaning methods and equipment must be suitable for the type of **SURFACE** being treated. You may need to get advice on the appropriate method of treatment from the manufacturer or supplier.
5. Lighting should enable people to see **OBSTRUCTIONS**, potentially slippery areas so they can work safely. Replace, repair or clean lights before levels become too low for safe work.
6. Take care not to create additional slip or trip **HAZARDS** while cleaning and maintenance work is being done.
7. Carry out all necessary maintenance work. Include **INSPECTION**, **TESTING**, **ADJUSTMENT** and cleaning at suitable intervals. Keep records so that the system can be checked.
8. Eliminate or control smoke or steam obscuring the view of the floor surface by **REDIRECTING** it away from risk areas.
9. Floors need to be checked for loose **FINISHES**, **HOLES** and **CRACKS**, worn rugs and mats. Take care in the choice of floor if it is likely to become wet or dusty due to work processes.
10. Choose only suitable floor surfaces, ensure **LIGHTING** levels are sufficient, properly plan pedestrian and traffic **ROUTES** and avoid **OVERCROWDING**.
11. Obstructions and objects left lying around can easily go unnoticed and cause a trip. Try to keep work areas tidy and if obstructions can't be removed, warn people using signs or **BARRIERS**.
12. **FOOTWARE** can play an important part in preventing slips and trips. Employers need to provide it if necessary to protect the safety of workers.
13. Keep areas clear. Remove **RUBBISH** and do not allow garbage and clutter to build up.
14. After cleaning, the floor may be wet for some time. Use **APPROPRIATE** signs to tell people the floor is still wet and arrange other travel routes.
15. Place equipment to avoid **CABLES** crossing pedestrian routes. Use cable covers to securely fix to surfaces, and restrict access to prevent contact.
16. Clean spills up immediately. If a **LIQUID** is greasy, use a proper cleaning agent.
17. If the floor surface is about to change levels, improve the visibility of this change by providing **HANDRAILS** and using floor markings.
18. Ensure workers' footwear has the correct type of **SOLE**.